










Plant Name	Picture	Description
<p>Little Bluestem (<i>Schizachyrium scoparium</i>)</p>	 <p><a href="https://www.bluestoneperennials.com/SCSO.html">https://www.bluestoneperennials.com/SCSO.html</a></p>	<p>The Little Bluestem is a perennial warm-season bunchgrass that ranges in color from mahogany-red in the late summer to white-tufted seed heads in the fall to a reddish-tan in winter. In the winter the seeds provide value to small birds and it also provides material for birds to use in their nests. It is also utilized by native bees and hosts six species of native caterpillars.</p> <ul style="list-style-type: none"> <li>- 1-4 ft.</li> <li>- Sun to light shade</li> <li>- Adaptable, well drained, poor, moderate acid soil</li> <li>- Native to open forests, woodlands, barrens, outcrops, riverside prairies, dry clearings, meadows, and roadsides</li> </ul>
<p>Common Rush, Soft Rush (<i>Juncus effusus</i>)</p>	 <p><a href="https://www.longislandnatives.com/product/juncus-effusus-soft-rush/">https://www.longislandnatives.com/product/juncus-effusus-soft-rush/</a></p>	<p>The Common/Soft Rush is a perennial herbaceous flowering plant that provides great shoreline protection. In late summer, its flowers are yellowish-green and it has soft, grass-like stems that grow in clumps. Muskrats feed on the rootstocks and birds use the stems for shelter.</p> <ul style="list-style-type: none"> <li>- 1-4 ft.</li> <li>- Sun</li> <li>- Wet or moist, clay, sandy or loam soils</li> <li>- Native to swamps and damp open grounds</li> </ul>

<p>Swamp Milkweed (<i>Asclepias incarnata</i>)</p>	 <p><a href="https://www.selectseeds.com/milkweed-asclepias/swamp_milkweed_seeds.aspx">https://www.selectseeds.com/milkweed-asclepias/swamp_milkweed_seeds.aspx</a></p>	<p>The Swamp Milkweed is a herbaceous perennial plant that is deer resistant. This plant will have aphids, but they often do not cause a problem. It's showy pink flowers attract butterflies and hummingbirds and it provides an important food source and larval host for the Monarch caterpillar.</p> <ul style="list-style-type: none"> <li>- 2-5 ft.</li> <li>- Sun to part sun/shade</li> <li>- Moist/wet, rich soils, tolerates clay, can grow in ponds</li> <li>- Native to wet freshwater areas</li> </ul>
<p>Coastal Joe-Pye Weed (<i>Eutrochium dubium</i>)</p>	 <p><a href="https://shop.wildseedproject.net/products/coastal-joe-pye-weed-eutrochium-dubium-seeds">https://shop.wildseedproject.net/products/coastal-joe-pye-weed-eutrochium-dubium-seeds</a></p>	<p>The Coastal Joe-Pye Weed is a North American flowering plant with small purple flowers and purple spots on the stem. Its flowers attract butterflies (especially Swallowtails and Monarchs) and its fluffy seed heads provide nesting materials for birds.</p> <ul style="list-style-type: none"> <li>- 2-7 ft.</li> <li>- Sun to part sun/shade</li> <li>- Moist, usually sandy acidic soil</li> <li>- Native to bogs, swamps, floodplain forests, wet flatwoods, wet clearings, and ditches</li> </ul>
<p>Black Eyed Susan (<i>Rudbeckia hirta</i>)</p>	 <p><a href="https://www.selectseeds.com/native-annuals/rudbeckia_hirta_black_eyed_susan_seeds.aspx">https://www.selectseeds.com/native-annuals/rudbeckia_hirta_black_eyed_susan_seeds.aspx</a></p>	<p>The Black Eyed Susan is a perennial flowering plant with bright yellow flowers. It is an easy plant to grow and it is tolerant of most soils. It reseeds itself and establishes clumps. Birds, especially goldfinches and chickadees, love the seeds and its nectar attracts bees and butterflies.</p> <ul style="list-style-type: none"> <li>- 1-3.5 ft.</li> <li>- Sun, part shade, shade</li> <li>- Moist to dry, well-drained acidic soils; drought tolerant</li> <li>- Native to meadows, pastures, and woodland edges</li> </ul>



<p>Butterfly Weed (<i>Asclepias tuberosa</i>)</p>	 <p><a href="https://www.bluestoneperennials.com/ASTU.html">https://www.bluestoneperennials.com/ASTU.html</a></p>	<p>Butterfly Weed is a species of milkweed whose mature plants freely self-seed the landscape. It has bright orange flowers that attract butterflies, as the name suggests, and is a larval host and nectar source for the Monarch Butterfly. It is drought tolerant but doesn't transport well.</p> <ul style="list-style-type: none"> <li>- 1-3 ft.</li> <li>- Sun to part sun/shade</li> <li>- Moist or dry, well-drained sandy soils</li> <li>- Native to dry/rocky open woods, glades, fields, and roadsides</li> </ul>
<p>Grassleaf Blazingstar (<i>Liatris graminifolia</i>)</p>	 <p><a href="https://depositphotos.com/photos/liatris-spicata.html">https://depositphotos.com/photos/liatris-spicata.html</a></p>	<p>Grass-leaf Blazingstar is a skinny upright perennial that has lavender flowers. It is an important nectar plant for native bees, hummingbirds, and butterflies and hosts four species of native caterpillars. This is a plant that is especially great in rain gardens.</p> <ul style="list-style-type: none"> <li>- 1.5 ft</li> <li>- Sun to part sun/shade</li> <li>- Poor-average loam with sand gravel, clay, acid moderate soils</li> <li>- Native to dry woodlands, shale barrens, clearings, and roadsides</li> </ul>
<p>Purple Coneflower (<i>Echinacea purpurea</i>)</p>	 <p><a href="https://www.tnnursery.net/products/purple-coneflower">https://www.tnnursery.net/products/purple-coneflower</a></p>	<p>The Purple Coneflower is a flowering plant in the daisy family that has bright purple flowers. Its flowers are a nectar source for butterflies, bees and myriad pollinators. In late summer the large seed heads attract Goldfinches and other birds. It is often used in land restoration</p> <ul style="list-style-type: none"> <li>- 3-4 ft.</li> <li>- Full to partial sun</li> <li>- Fertile loam, but can tolerate clay or dryer conditions</li> <li>- Native to moist prairies, meadows and open woods</li> </ul>

<p>Narrow-leaf Sundrops (<i>Oenothera fruticosa</i>)</p>	 <p><a href="https://www.clayandlimestone.com/2016/05/wildflower-wednesday-oenothera-fruticosa.html">https://www.clayandlimestone.com/2016/05/wildflower-wednesday-oenothera-fruticosa.html</a></p>	<p>Narrow-leaf Sundrops are a species of flowering plant in the evening primrose family. They have bright yellow flowers that attract birds and hummingbirds and the plant is of special value to native bees.</p> <ul style="list-style-type: none"> <li>- 1-3 ft.</li> <li>- Sun</li> <li>- Moist, well drained soils</li> <li>- Native to woods, roadsides, and meadows</li> </ul>
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### References

Plant HR Natives. (2016). *Native Plants for Southeast Virginia including Hampton Roads Region*. <https://doi.org/10.21220/V5PS3N>